

Newsletter



News from our Homes

Congratulations to Manna & Tracey Gandesha, our managers at **BLACKPOOL**, who received their certificates for End of Life Care at a special presentation in July. Tracey and her son, Sanjay, were also awarded for their part in developing this programme within Jah-Jireh.









As champions their aim is to ensure all residents at end of life receive high quality care that encompasses the philosophy of palliative care. This training has helped them to develop their knowledge, skills and confidence and encouraged them to empower other staff within the home to deliver quality end of life care.

Our activities co-ordinator at **LEYLAND**, Libby, organised a day called "A Dog's Life" and she invited her friends who are dog owners to come and visit the folks. It was a lovely day, with a lot of our folks enjoying time in the garden watching the dogs perform tricks. After some refreshments they had time petting and cuddling the dogs.

According to research into the elderly and pet care, it seems that having a pet around has positive effects in various ways. From the photo below, it looks like all had a very enjoyable day. Thank you Libby!





Our activities co-ordinator at **MERTHUR**, Kimberley, recently arranged a table top sale at the home to raise some money for activities for the residents. She set up a private facebook group to invite brothers and sisters and made flyers to invite residents relatives and friends too. There was a big turn out, and many contributed items to sell, some of the residents even made some wonderful handcrafted items. It was a lovely afternoon with something for everyone.

Approximately £400 was raised and the money is being used towards evening trips out, art supplies, nail dryer (for pamper sessions) and also for the sensory garden, plants and decorative objects.

At **WIGAN**, Cheryl and Julie organised a Mexican themed day. They planned the menu with Dean the cook and put posters around the home well in advance so that the residents, staff and relatives could all get involved and everyone was encouraged to dress up. They had Mexican music playing during the day and a photo booth set up and there was dancing in the afternoon. It was a great success and everyone enjoyed themselves. They plan to have a theme day every month, the next one is French.



IMPROVING DEMENTIA CARE

Approximately 800,000 people in the UK are suffering from dementia. As this also affects many of our elderly ones specialised training is being given to staff to help these ones lead as full a life as possible.

Dementia is a syndrome, or a group of related symptoms, associated with an ongoing decline of the brain and its abilities. This includes problems with memory loss, thinking speed, mental agility, language, understanding and judgement.

When a person with dementia finds that their mental abilities are declining, they often feel vulnerable and in need of reassurance and support. The people closest to them - including their carers, friends and family - need to do everything they can to help the person to retain their sense of identity and feelings of self-worth.

All our managers have been working really hard to complete the specialised training for all in this area.

Work is underway to provide a dementia friendly physical environment in all the homes, and at Wigan, a project to provide further specialist support is being planned.

DEMENTIA CAFÉ

Blackpool held their first Dementia Café in March and it was a great success.

All families were invited and the afternoon started with a short introduction explaining how



people can live with dementia and how each person is different. Medical terms used were also briefly covered along with illustrations to explain what is happening when a person suffers from dementia.

A question and answer session followed to support the families, along with providing leaflets with more information. Blackpool is hoping to host this Dementia Café again soon and invite all who wish to become "Dementia Friends" to come along.

WHAT MAKES US DIFFERENT TO OTHER CARE HOMES?

We have a programme to care for the residents **SPIRITUALITY**. We often want to let you know about activities that help the folks stay active and interact socially. A spiritual routine does this too.

So we asked the staff what spiritual activities are available in the homes? We were delighted to find an extensive range of activities, here is an abbreviated list:

- Days text, daily bible reading and weekly family worship
- Meeting preparation and learning to use the workbook
- Facility to watch the meetings live if unable to attend
- A literature trolley kept in the home for residents use
- Some congregation ministry groups meet at the homes which residents like to sit in on even if unable to go out

- JW Broadcast monthly programme
- Spiritual coffee mornings which we are told the residents love and have learned all the new songs
- All homes have arrangements to attend the convention. For those unable to attend, provisions have been made for them to watch live the same weekend, or downloaded to watch in separate sessions.

Prayers are offered regularly as and when appropriate or requested by the residents. We also have trustees assigned to each home who regularly visit and spend time listening to the residents and offering support and bible based advice.

We would love to hear from you if you would like to get involved or organise any spiritual activities in the home. Some of our more able bodied residents get such joy from spending a short time on street work or cart witnessing. Please email: jeff.stacey@jah-jireh.org

STAFF VACANCIES

As a registered charity caring only for Jehovah's Witnesses, we only employ Jehovah's Witnesses (except in exceptional circumstances to comply with legal requirements).

NURSES NEEDED URGENTLY

We currently have an urgent need for **NURSES** (with a current PIN) at our Nursing Home in Wigan. There is a national shortage of nurses in the UK across all sectors.

CARERS

We also have vacancies for **CARERS** at Blackpool and Merthyr. For carers, no previous experience is necessary as induction and care training will be given.

Could we please ask that you pass this information on to as many brothers and sisters as possible. We will be very glad to hear from anyone interested in this work.

This is paid employment at the normal rates for the care home sector. Subsidised accommodation is available for those able to work over 30 hours per week.

Staff vacancies are updated regularly on our website along with application forms and information about working at Jah-Jireh.

www.jah-jireh.org/employment

FOLLOW US ON INSTAGRAM

We recently joined Instagram and took part in a national challenge to tell our story to inform people of our work as a charity and we will be using it to let you know some of our news as it happens.



NEW MANAGER AT WIGAN

Cheryl Higham has been approved as the Nursing Manager at Wigan and CQC have now adjusted our rating after we challenged it. You can read the full report on our website.

STAFF TRAINING

With the majority of older people suffering from dementia, we are happy to announce that ALL staff have completed training in dementia care.

Did you know that whenever you buy anything online - from your weekly shop to booking a holiday - you could be raising a free donation for Jah-Jireh? There are nearly 3,000 retailers including Amazon, John Lewis, Aviva, the trainline and Sainsbury's, who will donate a percentage of the amount you spend to Jah-Jireh to say thank you for shopping with them.

We've tested it ourselves, it's really simple, and doesn't cost you anything. All you have to do is:

- Go to <u>www.easyfundraising.org.uk/causes/jahjirehcharityhomes</u>
- 2. Sign up for free
- 3. Get shopping your donations will be collected by easyfundraising and automatically sent to Jah-Jireh.

There are no catches or hidden charges and Jah-Jireh will be really grateful for your donations.



SHOP ONLINE?
Raise funds for free with easyfundraising



A WARENESS MEETINGS



The trustees greatly desire to inform brothers and sisters in Britain about the care Jah-Jireh offers. Many know of the existence of Jah-Jireh but do not know how it is organised, financed or operated.

As a way to let people know, we would like to request any of our readers, if they would be willing to hold a brief "Awareness Meeting" in their area, to contact us as soon as possible.

We would like to stress that the organising of these small meetings should not take place in a Kingdom Hall or at any other theocratic event.

Please contact our head office for more information:

Telephone: 01772 633380 Email: info@jah-jireh.org

SOUTH EAST PROJECT

Our goal is to have a home in the South of England to make it more accessible for brothers and sisters in the London area. We obtained land in Rainham, where there is already a Kingdom Hall on site. We are resubmitting plans to build a 65 bedded home.

We are determined to deliver a comprehensive range of care under one roof, including nursing, residential, dementia and respite care, all housed in a modern, eco-friendly building.

However, this will only become a reality by means of donations. Some brothers and sisters have already donated to this dedicated fund and we ask you to pray, that Jehovah willing, this project will be completed.

We would also like to take the opportunity to remind you that some of our elderly ones move from very far away just to be in Jah-Jireh so that they feel spiritually protected and safe. They are often far away from their previous congregation and possibly family and friends. While family and friends often make trips to spend time with their loved ones, could we encourage you to remember these ones when you are visiting us or, if you are nearby could you drop by and have a cup of tea and a chat?



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After you subscribe you will receive an email asking you to confirm your email address. If you do not receive this confirmation, please do check your junk mail and spam folders and save it to your inbox instead.

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